



OMS Menu: **DECEMBER** 2022

Adult lunch \$3.50

Whole grain bread - 11g per slice and buns - 20g

Menu is subject to change.

*Chef salad - 3 offered Mon, Tue, Wed, & Fri. Thursday: Taco salad - 19c

All carb numbers are per serving 1/2c.

Breakfast menu is subject to change



Breakfast			Thu 1	Fri 3
M - Cereal & cheese stick T - Grain & Yogurt W - Hot breakfast and graham item Th - Hot breakfast & cheese stick F - Grain & cheese stick	Milk, juice and fruit are offered each day at breakfast.		Handmade Pizza - 30 Foot long hot dog - 42 Spaghetti w/meat sauce - 40 Baked Beans - 25 Apple slices - 15 * Fruit crisp - 21	Handmade Pizza - 30 Sloppy Nachos - 25 Cheeseburger - 34 Glazed Carrots - 21 Applesauce - 21 *Chips - 23
Mon 5	Tue 6	Wed 7	Thu 8	Fri 9
Handmade Pizza - 30 Chicken Fajita - 23 Cheese Ravioli - 33 Green Beans - 3 Pineapple - 10.5	Handmade Pizza - 30 Chicken Parmesan with spaghetti - 60 BBQ Pulled Pork - 33 Broccoli - 6 Blue Raspberry Sidekick - 21	Handmade Pizza - 30 Chicken Bowl - 73 BBQ Rib - 21 Corn - 18 Peaches - 16	Handmade Pizza - 30 Walking Taco - 20 Chicken patty - 35 Refried Beans - 16 Mandarin oranges - 20 *Cookie	Handmade Pizza - 30 Meatball Sub - 25 Double BBQ Rib - 33 French Fries - 24 Applesauce - 21
Mon 12	Tue 13	Wed 14	Thu 15	Fri 16 HOLIDAY MEAL
Handmade Pizza - 30 Mac & Cheese - 45 Corn Bread - 11 Philly Steak Sub - 35 Chef Salad - 3 Green Beans - 21 Pineapple - 10.5	Handmade Pizza - 30 Bosco Sticks - 60 Sub - 26 California Blend - 6 Cherry Side kick - 21	Handmade Pizza - 30 General Tso's w/ rice - 52 PB&J Sandwich - 32 Broccoli - 6 Mandarin Oranges - 20	Handmade Pizza - 30 Hot Dogs - 21 Cheeseburger - 34 Potato Chips - 23 Cold Carrots/dip - 13 Applesauce - 21	Handmade Pizza - 30 Sliced Turkey - 0 Ham - 0 Mashed Potatoes 31.5 Gravy - 23 Corn - 18 Juice cup - 13 *Holiday Cake - 33 Dinner Roll - 15
Mon 19	Tue 20	Wed 21	Thu 22	Fri 23
Handmade Pizza - 30 Chef's choice Chef's choice Lettuce - 3 Vegetable Juice cup - 21	Handmade Pizza - 30 Chef's choice Chef's choice Lettuce - 3 Vegetable Juice cup - 21	NO SCHOOL - Winter Break		

**"This institution is an equal opportunity provider."
BREAKFAST IS SERVED DAILY FROM 7:30 - 7:45m.**

