

# OMS LUNCH – MAY 2022

Adult Lunch \$3.50

Milk & Bread offered with every meal.


Choc Milk (25g), White Milk (20g), Whole Grain Bread (11g), Buns (20g)

\*Chef Salad – 3c offered Mon, Tues, Wed, Fri

Thursday Taco salad – 19g

All carbs numbers are per serving 1/2c.

Breakfast served 7:30 - 7:45 daily

| MON  | TUE   | WED  | THU   | FRI  |
|--|---|--|---|--|
| Cereal   | Muffin  | Pop Tart   | Pancakes  | Cereal   |
| <b>MON 2</b>   | <b>TUE 3</b>  | <b>WED 4</b>   | <b>THU 5</b>  | <b>FRI 6</b>   |
| Handmade Pizza - 30<br>Tso w/rice - 52<br>Meatball Sub - 25<br>Green beans - 3<br>Peaches - 18                                 | Handmade Pizza - 30<br>Chicken Fajita - 24<br>Mac & Cheese - 45<br>Cornbread - 18<br>Broccoli - 6<br>Pineapple - 18 | Handmade Pizza - 30<br>Popcorn Chicken - 15<br>Cheeseburger - 34<br>Corn - 18<br>Mandarin Oranges - 23 | Handmade Pizza - 30<br>Walking Taco - 50<br>Soft Taco - 22.5<br>Refried Beans - 18<br>Apple slices - 7  | Handmade Pizza - 30<br>BBQ Pulled Pork - 31<br>Chicken & Noodles - 25<br>Cold mini carrots - 3<br>Applesauce - 21<br>**Cookie - 17 |
| <b>MON 9</b>   | <b>TUE 10</b>   | <b>WED 11</b><br><i>GRADE 8 to DC</i>  | <b>THU 12</b><br><i>GRADE 8 to DC</i>   | <b>FRI 13</b><br><i>GRADE 8 to DC</i>  |
| Handmade Pizza - 30<br>Spaghetti w/Meatballs - 25<br>Bread stick - 50<br>Chicken patty - 42<br>Green Beans - 3<br>Peaches - 18 | Handmade Pizza - 30<br>Bosco Sticks - 60<br>BBQ Rib - 31<br>California blend - 6<br>Pineapple - 18                  | Handmade Pizza - 30<br>Foot long hot dog - 42<br>Corn Dogs - 23<br>Corn - 18<br>Mandarin Oranges - 23  | Handmade Pizza - 30<br>Baked Potato - 37<br>Philly steak sub - 10<br>Refried Beans - 18<br>Apple slices - 7<br>**Fruit Crisp - 22             | Handmade Pizza - 30<br>Cheeseburger - 34<br>Chicken Fingers - 15<br>Celery & carrots - 3<br>Applesauce - 21                        |
| <b>MON 16</b>  | <b>TUE 17</b>   | <b>WED 18</b>  | <b>THU 19</b><br><b>*Café Picnic*</b>   | <b>FRI 20</b><br><i>GR 5 – Football Hall of Fame</i>   |
| Handmade Pizza - 30<br>TSO/Rice - 52<br>BBQ Pulled Pork - 33<br>Green Beans - 3<br>Peaches - 18                                | Handmade Pizza - 30<br>Sloppy Nachos - 43<br>Spicy Chicken strips - 17<br>Cooked Carrots - 6<br>Pineapple - 18      | Handmade Pizza - 30<br>Chicken Poppers - 15<br>Meatball Sub - 25<br>Corn - 18<br>Mandarin Oranges - 23 | Homemade Pizza - 30<br>Hot Dogs - 21<br>Cheeseburger - 34<br>Potato Chips - 23<br>Carrots/Celery/dip - 4<br>Fruit Juice - 30<br>**Cookie - 17 | Handmade Pizza - 30<br>Mac & Cheese - 45<br>Cornbread - 18<br>Popcorn Chicken - 15<br>Mini Carrots cold - 3<br>Applesauce - 21     |
| <b>MON 23</b><br><i>GRADE 7 to Outdoor Ed</i>  | <b>TUE 24</b><br><i>GRADE 6 to Outdoor Ed</i>   | <b>WED 25</b><br><i>GRADE 6 to Outdoor Ed</i>  | <b>THU 26 – LAST DAY</b><br><i>GRADE 6 to Outdoor Ed</i>  |  |
| Handmade Pizza - 30<br>Walking Taco - 50<br>Chicken Patty - 42<br>Corn - 18<br>Mandarin Oranges - 23                           | Handmade Pizza - 30<br>**Cooks choice<br>Fruit Juice - 21<br>Vegetable  | Handmade Pizza - 30<br>**Cooks choice<br>Fruit Juice - 21<br>Vegetable                                 | Handmade Pizza - 30<br>**Cooks choice<br>Fruit Juice - 21<br>Vegetable  |   |

“This institution is an equal opportunity provider.”