

Senior High Lunch Menu - Aug. & Sept. 2016

Homemade Pizza Everyday!!! 30 grams

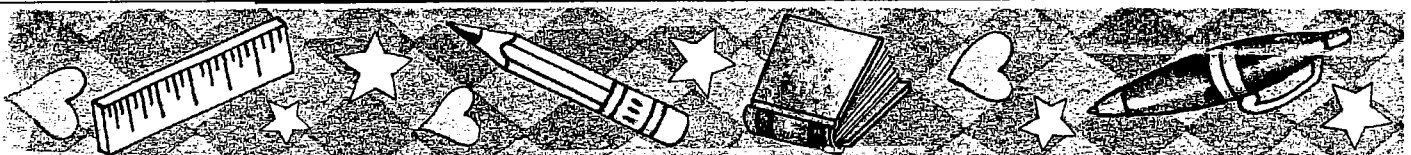
Sub Sandwich Everyday!!!

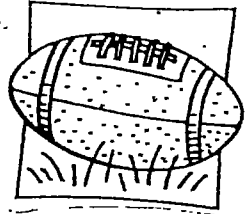
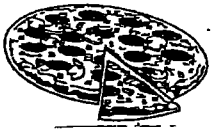
Chocolate Milk 25 grams - Strawberry 28 grams - White 13 grams

Subject to Change



Mon. Aug. 22	Tues. 23	Wed. 24	Thurs. 25	Fri. 26
Welcome Back	Macaroni & Cheese -45 BBQ Pork Sand. -25 Chef Salads -3 Romaine/Lettuce -1.5 Green Beans -3 Carrots -18 Tropical Fruit -21 Cornbread -11.5 Milk, Bread	Cheeseburger -34 General TSO's over Rice -52 Chef Salad -3 Romaine/Lettuce -1.5 Broccoli -6 Applesauce -21 Cookie -17 Milk, Bread	Sloppy Nachos -25 Hot Chicken Sand. -25 Chef Salad -3 Romaine/Lettuce -1.5 Refried Beans -18 Relishes -6 Pears -19.5 Milk, Bread	Salad Bar -8 Chicken Fajita -23 Chicken Patty -42 Romaine/Lettuce -1.5 Sweet Potatoes -30 Peaches -18 Milk, Bread
Mon. Aug. 29	Tues. 30	Wed. 31	Thurs. Sept. 1	Fri. 2
Coney Hot dog -35 Chicken & Noodles -43 Chef Salad -3 Romaine/Lettuce -1.5 Carrots -18 Pineapple -10.5 Milk, Bread	Taco Bar -25 Meatball Sub -23 Barbecue rib -23 Romaine/Lettuce -1.5 Baked Beans -19 Peaches -18 Fruit Crisp -21 Milk, Bread	Teriyaki Chicken w/rice -69 Cheeseburger -34 Chef Salads -3 Chicken Strip salad -13 Romaine/Lettuce -1.5 Broccoli -4.5 Applesauce -21 Milk, Bread	Grilled Chicken Patty -40 Boscoss Sticks -30 Chef Salad -3 Romaine/Lettuce -1.5 Chef Salad -3 Relishes -6 California Blend -6 Pears -19.5 Milk, Bread	Salad Bar -8 Philly Steak -35 Sloppy Joe -23 Romaine/Lettuce -1.5 Green Beans -3 Mixed Fruit -21 Milk, Bread
Mon. Sept. 5	Tues. 6	Wed. 7	Thurs. 8	Fri. 9
NO SCHOOL LABOR DAY	Top your own Bar Hamburger -34 Hot Dog -21 Chef Salad -3 Romaine/Lettuce -1.5 Green Beans -3 Pineapple -10.5 Milk, Bread	Rotini w/ Meat -48 Chicken Patty -42 Chef Salads -3 Romaine/Lettuce -1.5 Broccoli -4.5 Applesauce -21 Milk, Bread	Chicken Nuggets -10 Sloppy Nachos -25 Chef Salad -3 Romaine/Lettuce -1.5 Refried Beans -18 Corn -18 Pears -19.5 Cookie -17 Milk, Bread	Salad Bar -8 Toasted Cheese -25 Tomato Soup -19 Barbecue Pork -33 Romaine/Lettuce -1.5 Carrots -18 Tropical Fruit -21 Milk, Bread
Mon. Sept. 12	Tues. 13	Wed. 14	Thurs. 15	Fri. 16
NO SCHOOL FAIR DAY	Taco Bar -25 Philly Steak -35 Chicken Fingers -10 Romaine/Lettuce -1.5 Oven Fries -28 Sweet Potatoes -30 Pears -19.5 Milk, Bread	Coney Hot Dog -35 Cheeseburger -34 Chef Salad -3 Romaine/Lettuce -1.5 Green Beans -3 Baked Beans -19 Mandarin Oranges -20 Milk, Bread	Johnny Marzetti -48 Chicken Patty -42 Chef Salad -3 Romaine/Lettuce -1.5 Carrots -18 Applesauce -21 Spice Cake -33 Milk, Bread	Salad Bar -8 Soft Taco -22.5 Barbecue Ribs -23 Romaine/Lettuce -1.5 Broccoli -4.5 Peaches -18 Milk, Bread
Mon. Sept. 19	Tues. 20	Wed. 21	Thurs. 22	Fri. 23
Hot Chicken Gravy W/ Mashed Potatoes -37 Mini Corn Dog -23 Chef Salad -3 Romaine/Lettuce -1.5 Corn -18 Peaches -18 Milk, Bread	Taco Bar -25 Meatball Sub -23 Barbecue rib -23 Romaine/Lettuce -1.5 Carrots -6 Pears -19.5 Milk, Bread	Sloppy Joe -23 Chicken Fajita -23 Chef Salad -3 Romaine/Lettuce -1.5 California Blend -6 Peaches -18 Refried Beans -18 Milk, Bread	Cheeseburger -34 General Tso's w/rice -52 Chef Salad -3 Romaine/Lettuce -1.5 Broccoli -4.5 Relishes -6 Pineapple -10.5 Brownie -33 Milk, Bread	Salad Bar -8 Sloppy Nachos -25 Chicken Patty -42 Romaine/Lettuce -1.5 Refried Beans -18 Applesauce -21 Milk, Bread





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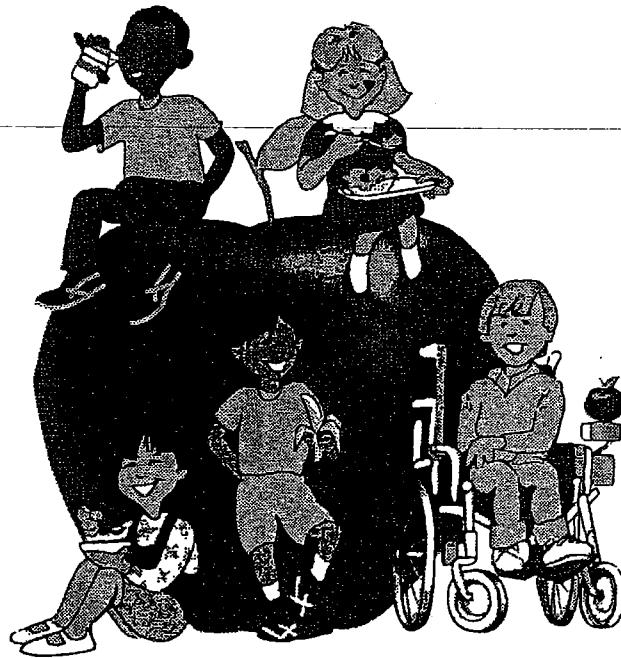
Mon. Sept. 26	Tues. 27	Weds. 28	Thurs. 29	Fri. 30
Chicken & Noodles -43 Philly Steak -35 Chef Salad -3 Romaine/Lettuce -1.5 Broccoli -4.5 Applesauce -21 Milk, Bread	Taco Bar -25 Soppo Joe -35 Chicken Patty -42 Romaine/Lettuce -1.5 Sweet Potatoes -30 Mixed Fruit -21 Milk, Bread	Chicken Parmesan W/ Spaghetti -55 Chef Salad -3 Chicken Strip salad-13 Romaine/Lettuce -1.5 Green Beans -3 Peaches -18 Garlic roll -22 Milk, Bread	Hot Chicken Gravy W/ Mashed Potatoes -37 Cheeseburger -34 Chef Salad -3 Romaine/Lettuce -1.5 Pineapple -10.5 California Blend -6 Fruit Crisp -21 Milk, Bread	Salad Bar -8 Meatball Sub.-23 Barbecue rib -23 Romaine/Lettuce -1.5 Baked Beans -19 Pears -19.5 Milk, Bread

“This institution is an equal opportunity provider and employer.”

BREAKFAST IS SERVED DAILY AT THE HIGH SCHOOL!

From 7:00 to 7:30 a.m. Price \$ 1.25

Breakfast is Free and Reduced with a Free or Reduced Lunch Application.



Child Nutrition Is Our Business