

O.H.S Lunch Menu **December 2022**

Homemade Pizza Every day! 30 grams
 Fresh Veggies, Romaine/Lettuce, Bread & Milk Available Daily
 Chocolate Milk 25 grams White Milk 13 grams
 Whole Grain Buns 23 grams
Menu is Subject to Change



Thurs. 1	Fri. 2
Cheeseburger- 34 Chicken Strips- 10 Chef Salad- 3 Diced Sweet Potatoes- 30 Pears- 19.5	Salad Bar- 8 Chicken Fajita- 23 Chicken Patty- 42 Baked Beans- 19 Peaches- 18 Cookie- 17
<i>French Toast, Fruit & Milk</i>	<i>Cereal w. whole grain snack, Fruit & Milk</i>

Mon. 5	Tues. 6	Wed. 7	Thurs. 8	Fri. 9
Macaroni & Cheese- 45 Cornbread- 11 BBQ Pork- 33 Chef Salad- 3 Green Beans- 3 Applesauce- 21	Baked Potato Bar-27 Philly Steak- 35 Chicken Patty- 42 Chef Salad-3 Broccoli- 4.5 Tropical Fruit- 21	Bosco's- 30 Pizzaburger- 35 Chef Salad- 3 Carrots-6 Pears- 19.5	Walking Taco-35 Mini Corn Dogs Chef Salad-3 Refried Beans- 18 Mandarin Oranges- 20	Salad Bar-8 Chicken Wrap-23 BBQ Rib- 23 Chef Salad- 3 Corn-18 Pears- 19
<i>Filled Strudel, Fruit & Milk</i>	<i>Pop tart, Fruit & Milk</i>	<i>Breakfast Pizza, Fruit & Milk</i>	<i>Waffles, Fruit & Milk</i>	<i>Cereal w. whole grain snack, Fruit & Milk</i>
Mon. 12	Tues. 13	Wed. 14	Thurs. 15 Holiday Meal	Fri. 16
Cheeseburger- 34 Double Dog- 23 Chef Salad-3 Sweet Potatoes- 30 Tropical Fruit- 21	Taco Salad Bar- 25 Meatball Sub-23 Chicken Strips- 10 Green Beans- 3 Pineapple- 10.5	Sloppy Nachos- 25 Chicken Patty- 42 Chef Salad-3 Refried Beans- 18 Pears- 19	Sliced Turkey -0 Salisbury Steak -4 Mashed Potatoes -31.5 Buttered Corn -18 Side Kick- 21 Cake- 24	OHS Chicken Bowl -73 Mini Corn Dog -23 Chef Salad -3 California Blend- 6 Peaches -18
<i>Filled Strudel, Fruit & Milk</i>	<i>Pop tart, Fruit & Milk</i>	<i>Pancake/Sausage on a Stick, Fruit & Milk</i>	<i>Cereal w. cheese stick, Fruit & Milk</i>	<i>Filled Bagel, Fruit & Milk</i>
Mon. 19	Tues. 20			
Cook's Choice	Cook's Choice			
<i>Pancakes, Fruit & Milk</i>	<i>Apple Texas Toast, Fruit & Milk</i>			



"This institution is an equal opportunity provider"
 Student Breakfast \$1.25 reduced 30¢
 Breakfast is free or reduced with a free or reduced application

Breakfast is served daily from 7:15- 7:30 am
 Student lunch \$2.75 reduced 40¢; Adult Lunch \$3.50