

Worry Dolls

Read the book [Silly Billy](#) by Anthony Brown

Or access on YouTube: <https://youtu.be/jd-dDvsHI60>

Materials:

Popsicle sticks (or sticks from outside), yarn, glue, markers, add ons: buttons, beads, sequins, cereal, cotton balls etc. scissors

The Gautama people created “worry dolls” a long time ago. The idea is to tell your worry to the doll before you go to bed, and then put it next to your bed or under your pillow. The “worrydoll” worries for you, so you can get a good night’s sleep.

Approach 1.

Cut simple shapes(triangles, squares, rectangles) to glue on top of the popsicle stick. You can decorate them before you glue with marker or crayon. Glue them on to the stick. Add extra if you wish (sequins, buttons, cereal etc). Save room for the face. Draw a simple face with a marker. Add a hat or hair with glue.

Approach 2.

Leaving space for the head and hair/hat, saturate the stick with glue. Roll yarn around the stick, adding glue as needed. Change colors if you wish. Let it dry. You can trim off the extra yarn when it dries. If you wish you can glue add ons, or you can wait until it is dry. When dry, add a face, with marker, and hair or a hat using your add ons.

Give your doll your worry. Sweet dreams.yo



I also have directions on my YouTube site: Mrs. K's art class for kids

Paper dolls

Mrs. K's art class for kids, paper dolls:

https://www.youtube.com/watch?v=C1Jr9DdlT_I&feature=share

Materials:



Heavy paper or thin cardboard, Toilet paper roll, markers or crayons, scissors

Directions:

1. Cute paper toilet paper roll into thirds
2. On one side of the paper roll cut a slit. Cut another slit on the side directly opposite of it.
3. On a small sheet of heavy paper (3x4), draw your character...(animal, person, car - your choice)

4. Color with crayon or marker.
5. Slide the bottom of your drawing paper into the slits of your toilet paper holder.
6. If you wish, you can trim away some of your white paper to leave a border around your doll.
7. Putting a little glue in the slits will keep your doll in the stand more permanently.

Pussy Willows



Pussy willows

Materials:

For background:

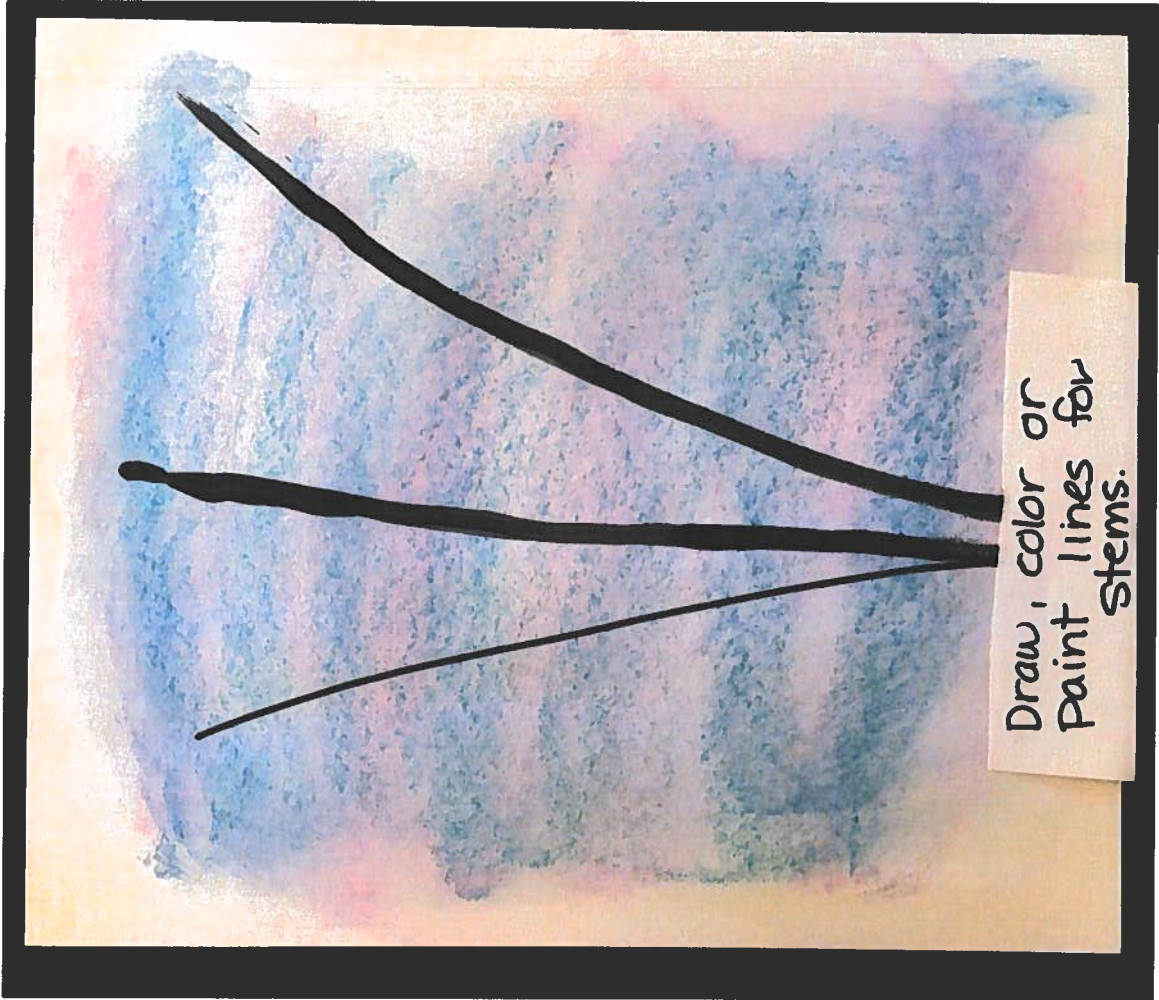
Crayons, chalk, or construction paper

Green, black or brown paint for stems...can use marker or crayon if you prefer

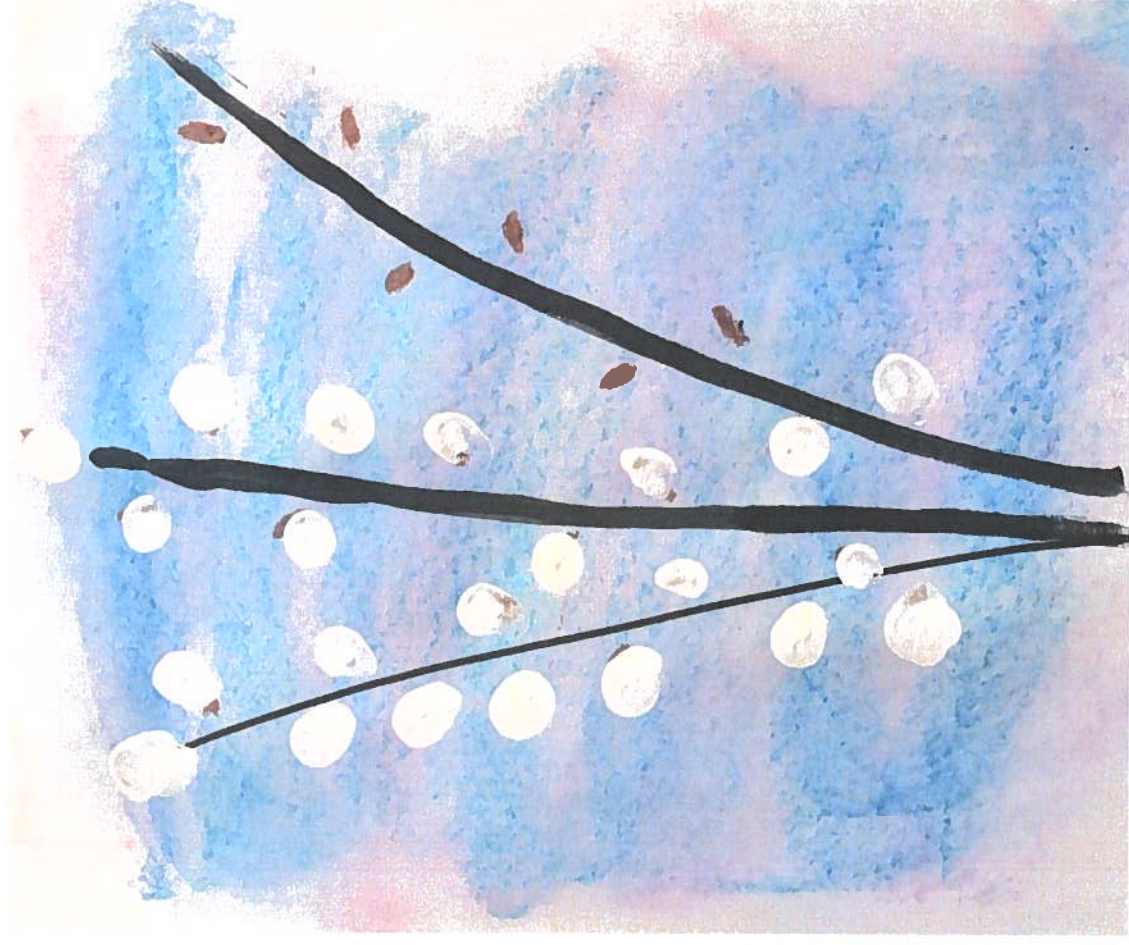
White paint (tempera preferred)



Color a background with crayons or chalk. You may use construction paper instead.



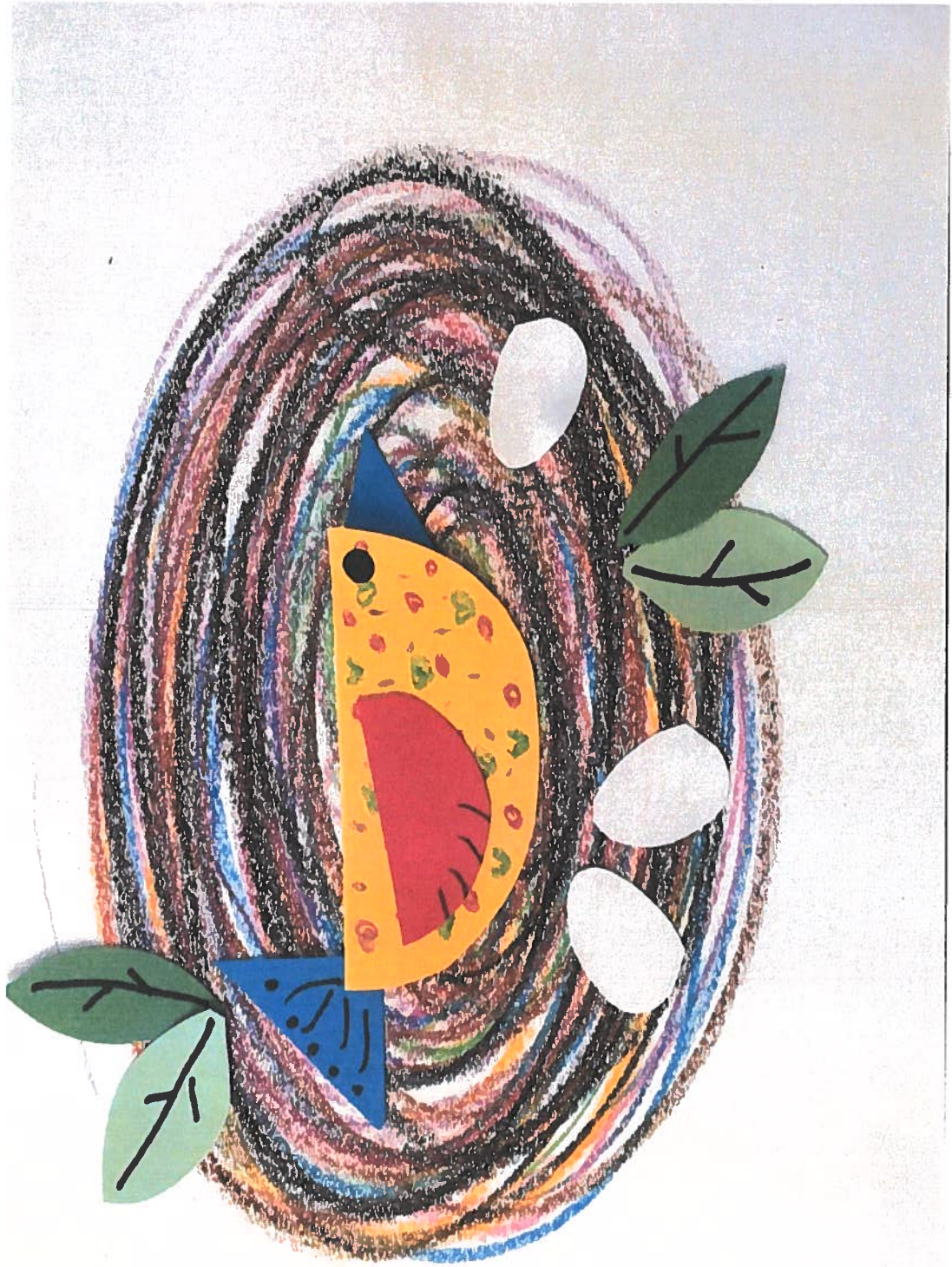
Draw, color or
Paint lines for
stems.



Mark dots alternately on the lines with pencil. Dip your finger in white paint a place on the dots to make fuzzy

Bird nest collage

Using shapes in art



Supplies:

White paper, crayons, scrap paper, construction paper, magazine paper, glue, scissors

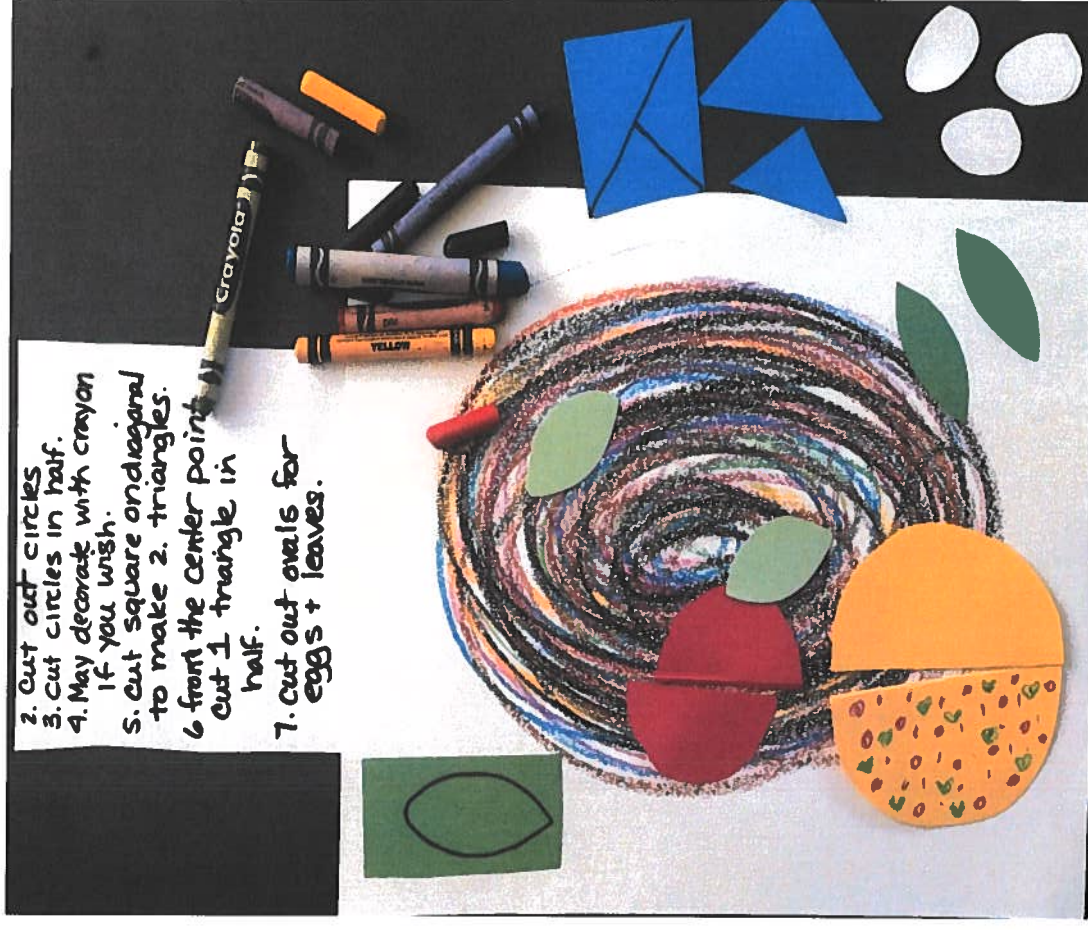
One 4" square

Two 2" squares...two different colors

Several rectangles of greens and white

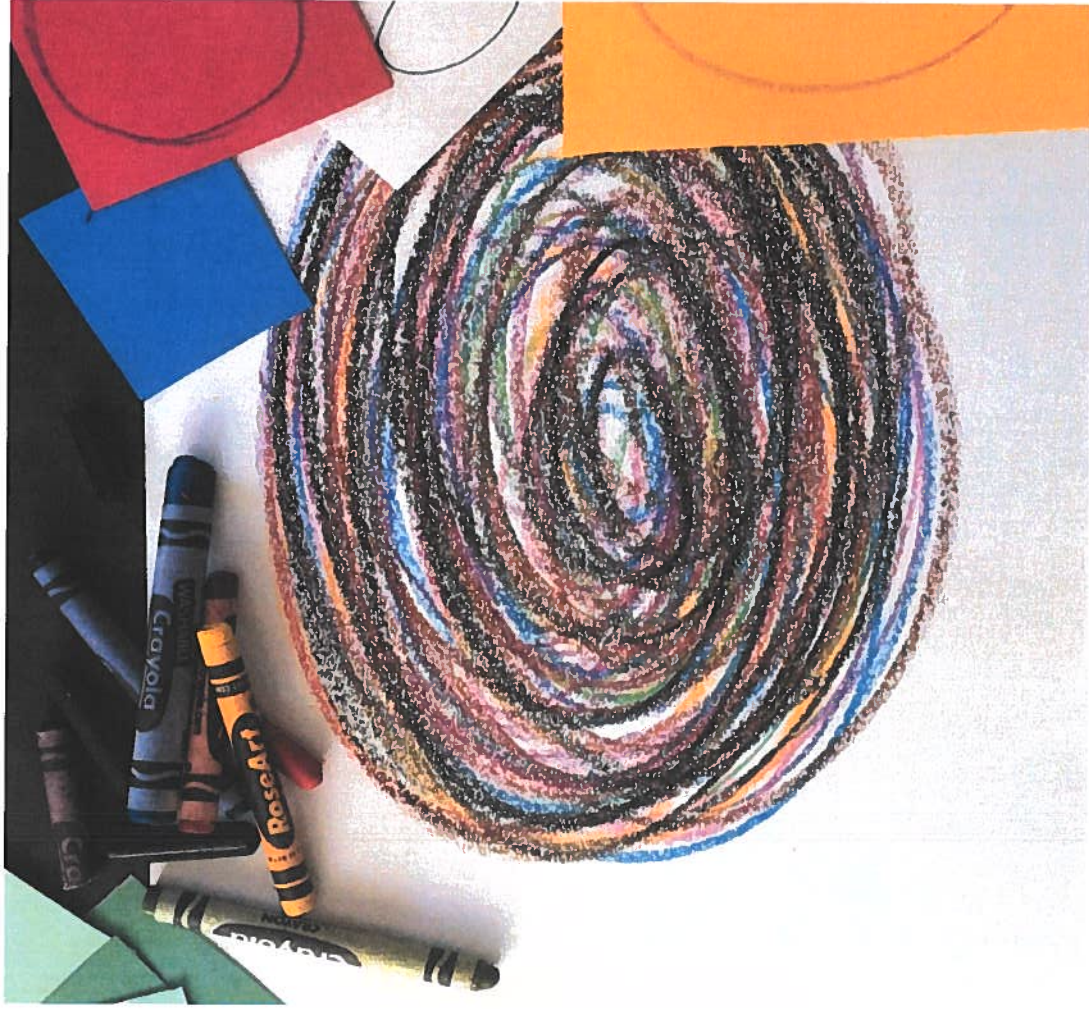
<https://www.youtube.com/watch?v=LDclqlYwYy8&feature=share>

Directions:
Fold 4" circle into two equal parts. Cut in half on fold.
Repeat with one of the 2" squares.
Draw a line diagonally with remaining triangle.
Draw another line from corner point to line. cut on lines. Cut ovals for leaves



2. cut out circles
3. cut circles in half.
4. May decorate with crayon if you wish.
5. cut square on diagonal to make 2. triangles.
6. from the center point cut 1 triangle in half.
7. cut out ovals for eggs + leaves.

**Using crayons of your
choice, scribble an oval
repetitively to create a
colorful nest**



Glue one half of 4" circle onto nest, flat side up. This is the body. Decorate with markers or crayons if you wish.

Glue one half of 2" circle on top of 4" circle to make the wing. Decorate if you wish.

Glue smaller triangle on one side of 4" circle for beak. On opposite side glue larger triangle to make tail. Add an eye.

Cut out ovals for eggs, longer ovals for leaves and glue them on to the nest.

Happy Spring with
shapes!

